



Spring 2022 Student Survey

To better support you, your school and teachers would like to ask you some questions about how you think and feel. Only your teachers and school leaders will be able to see your responses, which will not affect your class grades. Please respond honestly—there are no right or wrong answers! Your voice is important, so thank you for sharing your thoughts and experiences.

Your Class

Please tell us about how you feel about your current class.

1. How sure are you that you can complete all the work that is assigned in your class?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> |
| Not at all sure | Slightly sure | Somewhat sure | Quite sure | Extremely sure |

2. When complicated ideas are discussed in class, how sure are you that you can understand them?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> |
| Not at all sure | Slightly sure | Somewhat sure | Quite sure | Extremely sure |

3. How sure are you that you can learn all the topics taught in your class?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> |
| Not at all sure | Slightly sure | Somewhat sure | Quite sure | Extremely sure |

Performance in School

Whether a person does well or poorly in school may depend on a lot of different things. You may feel that some of these things are easier for you to change than others. **In school, how possible is it for you to change:**

4. Behaving well in class

- | | | | | |
|-------------------------------|-----------------------------|-----------------------------|--------------------------|-------------------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Not at all possible to change | A little possible to change | Somewhat possible to change | Quite possible to change | Completely possible to change |

5. How easily you give up

- | | | | | |
|-------------------------------|-----------------------------|-----------------------------|--------------------------|-------------------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Not at all possible to change | A little possible to change | Somewhat possible to change | Quite possible to change | Completely possible to change |

Your Behavior

Please answer the following questions about how you respond to different situations. During the past 30 days...

6. How often did you get your work done right away, instead of waiting until the last minute?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> |
| Almost never | Once in a while | Sometimes | Frequently | Almost all the time |

7. How often did you pay attention and ignore distractions?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> |
| Almost never | Once in a while | Sometimes | Frequently | Almost all the time |



8. When you were working independently, how often did you stay focused?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost all the time

Feelings in General

In this section, we are hoping to learn how you experience different emotions that may occur in your life (whether inside or outside of school).

9. How clearly are you able to describe your feelings?

- Not at all clearly
 Slightly clearly
 Somewhat clearly
 Quite clearly
 Extremely clearly

10. When everybody around you gets angry, how relaxed can you stay?

- Not relaxed at all
 Slightly relaxed
 Somewhat relaxed
 Quite relaxed
 Extremely relaxed

11. How often are you able to control your emotions when you need to?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost always

12. Once you get upset, how often can you get yourself to relax?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost always

13. When things go wrong for you, how calm are you able to stay?

- Not calm at all
 Slightly calm
 Somewhat calm
 Quite calm
 Extremely calm

Your Experiences Outside of School

The following questions ask you about how you feel outside of school. When answering these questions, think about how you feel anytime outside of school, including in the morning, at night, and on the weekends.

14. How stressed (feel things are too much) do you get about things outside of school?

- Not at all stressed
 Somewhat stressed
 Slightly stressed
 Quite stressed
 Extremely stressed

15. How often do you worry or feel worried about things outside of school?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost all the time

16. How lonely do you feel outside of school?

- Not lonely at all
 Slightly lonely
 Somewhat lonely
 Quite lonely
 Extremely lonely

17. How often do you feel that no one outside of school cares about you?

- Almost never
 Once or twice per year
 Every few months
 Monthly
 Weekly or more



18. How sad do you feel outside of school?

- Not at all sad
 Slightly sad
 Somewhat sad
 Quite sad
 Extremely sad

19. Do you have someone outside of school who you can count on to help you, no matter what?

- No
 Yes

Feelings About Being at School (School Climate)

In this section, we would like to understand how you feel about your school.

20. How often are people disrespectful to others at your school?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost always

21. How well do people at your school understand you as a person?

- Do not understand at all
 Understand a little
 Understand somewhat
 Understand quite a bit
 Completely understand

22. How often do students fight with each other at your school?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost always

23. How much support do the adults at your school give you?

- No support at all
 A little bit of support
 Some support
 Quite a bit of support
 A tremendous amount of support

24. How much respect do students at your school show you?

- No respect at all
 A little bit of respect
 Some respect
 Quite a bit of respect
 A tremendous amount of respect

25. Do you feel safe at your school?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost always

26. Overall, how much do you feel like you belong at your school?

- Do not belong at all
 Belong a little bit
 Belong somewhat
 Belong quite a bit
 Completely belong

27. Are you being bullied, either at school or online?

- No
 Yes



28. If a student is bullied in school, how difficult is it for him/her to get help from an adult?

Not at all difficult

Slightly difficult

Somewhat difficult

Quite difficult

Extremely difficult

29. Do you want to talk to someone about your well-being, another student's well-being, or any of the things we asked you about on this survey?

No

Yes

Cultural Awareness and Action / Cultural Awareness

30. In class, how often do you learn about people who are from a different race/culture than you are?

Almost never

Once in a while

Sometimes

Frequently

Almost always

31. How well do you get along with students who are different from you?

Not at all well

Slightly well

Somewhat well

Quite well

Extremely well

32. Do students at your school feel comfortable having honest conversations with each other about their race/culture?

Not at all comfortable

Slightly comfortable

Somewhat comfortable

Quite comfortable

Extremely comfortable

33. At your school, how often do you learn about race/culture?

Almost never

Once in a while

Sometimes

Frequently

Almost always

34. When there is an important race/culture event in the news, how often do the adults at your school talk about it with students?

Almost never

Once in a while

Sometimes

Frequently

Almost always

35. How well does your school prepare you to speak up when you see injustice?

Not at all well

Slightly well

Somewhat well

Quite well

Extremely well

36. Do you think your identity is discussed and valued at your school?

No

Yes

37. How often are you given chances to talk about your identity at your school?

Almost never

Once in a while

Sometimes

Frequently

Almost always



38. How do you describe your gender?

I am a girl

I am a boy

I use another word to describe
my gender

I prefer not to answer this
question

39. Do you identify as transgender?

Yes

No

I'm not sure

I don't know what
transgender means

I prefer not to answer
this question

SAMPLE FORM